



COURSE REGISTRATION FORM

APPLICANT INFORMATION

Name:	Date of Birth
Address:	
Postcode:	Contact phone
Emergency contact name and phone:	Email address:

Your health, please tick in any of the follow apply to you :

YES NO

- Do you have a heart condition for which you should only do activity recommended by a doctor?
 Do you get any chest pain when you do physical activity?
 Do you lose balance, become dizzy or lose consciousness through physical activity?
 Do you suffer from shortness of breath at rest or with mild exertion?
 Do you have any bone / joint problems that could be made worse by a change in your physical activity?
 Are you currently taking medication for your blood pressure or a heart condition?
 Are you, or is there a possibility that you might be, pregnant?
 Do you know of any other reason why you should not take part in physical activity?

If you have answered 'YES' to any of the statements above, you must provide written consent from your GP to take part in the course.

COURSE

Course name:	
Course date:	Course cost:

Payment options:

- I enclose full payment.
 I have transferred the payment direct to the Absorb bank account (allowing 3 full days to reach us).
 I enclose 25% deposit and will forward the balance 2 weeks before the course start date.
 My employer / sponsor is paying for my course and I enclose an official purchase order/letter.
 I wish to pay by Paypal (credit/debit card) please forward me the details by email

Please note, we do not offer refunds, we can normally arrange to transfer you to another course, for some courses there will be a small administration charge.

Absorb Bank Account details : Abbey PO Box 10102 Prestcott Street London E1 8TN
ACCOUNT NUMBER 42441401 SORT CODE 09-06-66

ADDITIONAL INFO

Learning support, do you feel you may require any kind of learning assistance,

YES NO

(please provide details)

PRINT NAME	SIGNATURE	Date
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Please return this completed form to:
ABSORB FITNESS 8 St Stevens Close, Mount Pleasant, Houghton le Spring DH4 7SJ
0191 419 0891 INFO@ABSORB-FITNESS.CO.UK WWW.ABSORB-FITNESS.CO.UK